

(079)1167635
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Amman/ Jordan

The University of Jordan
Queen Rania street.

Hala K. Nawaiseh

CONTACT INFORMATION

Department of Nutrition and Food Technology
College of Agriculture
The University of Jordan
Amman-Jordan.

CURRENT POSITON:

September 2019 - Assisstant Professor
Department of Nutrition and Food Technology
College of Agriculture
The University of Jordan
Amman-Jordan.

EDUCATION

- Texas A&M University (TAMU), College Station, TX, United States 2015- 2019
College of Agriculture & Life science/Department of Nutrition and Food science
Major: Ph.D. in Nutrition.
Specilization: Nutritional Epidemiology.
Overall GPA 3.7 out of 4.0
- Jordan University, Amman- Jordan 2009-2012
College of Agriculture/Department of Human Nutrition &Food Science.
Major: M.Sc. in Human Nutrition and Dietetics.
Over all GPA is 3.23 out of 4.0 (Very good).
- Mutah University, Karak, Jordan. 2003-2007
College of Agriculture/Department of Human Nutrition &Food Technology.
Major: B.Sc. in Nutrition and Food Technology.
Over all GPA is(87.12 out of 100 (Excellent).
Ranked the First Hounour among the graduatesof the academic year 2006 -2007.
- **High School Certificate-Scientific Stream**, the Ministry of Education,Amman-Jordan.

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Research Assistant, Human Nutrition &Dietetics.

2009-2012

Department of Human Nutrition &Food Science.
The university of Jordan/ Faculty of Agriculture . Amman- Jordan.

MAIN AREAS OF RESPONSIBILITIES

- Develop Research Protocols.
- Conduct literature reviews.
- Execute research activities, collect and analyze data.
- Assist other students with research work.

PROFESSIONAL SKILLS

- Vast knowledge in the use of Spectrophotometer analysis.
- Vast knowledge in the use of Enzyme Linked Immunosorbent Assays (ELISA).
- Advanced skills in performing oral glucose tolerance test (OGTT).
- Blood samples management.

AWARDES

- **Daniel Turnberg Travel Fellowship** **May/2020**
United Kingdom
- **OGAPS Travel Award** **2019/2020**
Texas A&M University College Station, TX.
- **Department of Nutrition and Food Science Student Travel Award** **2018/2019**
Texas A&M University College Station, TX.
- **Thought for Food (TFF) Prize** **July/2018**
Brazil/ Rio de Janeiro
Texas A&M University College Station, TX.

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- **The Grand Innovation Challeng Award (TGIC)** February /2018
Texas A&M University College Station, TX.
- **OGAPS Travel Award** 2018/2019
Texas A&M University College Station, TX.
- **Department of Nutrition and Food Science Student Travel Award** 2018/2019
Texas A&M University College Station, TX.
- **Department of Nutrition and Food Science Student Travel Award** 2017/2018
Texas A&M University College Station, TX.

CERTIFICATES AND TRAINING:

- **Developer of Meditarian Database in My-Food 24** July/2021
Department of Nutritional Epidemiology
University of Leeds.
- **Massive Open Online Course (MOOC) LLC** August/2019
Center for the Integration of Research, Teaching and Learning.
The Wisconsin Center for Education Research (WCER).
Wisconsin University.
- **Academy for Future Faculty (AFF)** May/2019 Texas
A&M University College Station, TX.
- **Aggies Professional Development Advance Certificate** May 2019
Texas A&M University College Station, TX.
- **Aggies Professional Development Intermediate Certificate** May 2018
Texas A&M University College Station, TX.
- **Aggies Professional Development Basic Certificate** May 2017
Texas A&M University College Station, TX.
- **Social and Behavioral Best Practices for clinical Research Training December 2017/**
United States.
- **Social and Behavioral Research Investigators and Key Personal December 2017/United**
States.

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- **Social and Behavioral Responsible Conduct of Research December 2017 /United States.**
- **IELTS / Academic, Overall grade (6.5),** **2014.**
British Council / Jordan.
- **IELTS Preparation Course** **2013, 2010.**
British Council / Jordan.
- **International Computer Driving Licence (ICDL) Certification,** **2007**
Mutah University / Training and Consultation Center / Jordan .

Computer Skills:

Microsoft office (Word, Excel, Access, Power Point), Analysis of data, SPSS program.

LANGUAG SKILLS:

- **Arabic:** Native speaker.
- **English:** Read , Write and Speak (Excellent).

CONFERENCE:

- Nawaiseh, H.K, McKyer, E.L, and McIntosh, A., The American Society for Nutrition / Nutrition 2019 **Baltimore/ Maryland** June 2019 **poster (An m-Health Intervention Using a Smartphone App to Improve Physical Activity in College Students: A randomized controlled trial).**
- Nawaiseh, H.K, McKyer, E.L, and McIntosh, A., Society for Nutrition Behavior 52 Annual Conference/2019 **Florida, July 2019** **Poster (Effectiveness of m-Health to Promote Physical Activity in Healthy College Students: A randomized controlled trial.**
- Nawaiseh, H. K. and McIntosh, A., Society for Nutrition Behavior 51 st Annual Conference 2018 **Minneapolis, MN** July 2018 **poster (An-m-Health Intervention to Improve Physical Activity and Monitoring Sugar-Sweetened- Beverages in College Students).**

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- Nawaiseh, H. K. and AL-Domi, H. A. The American Society for Nutrition / Nutrition 2018 **Boston/ MA** ,June 2018 **poster (Oral Glucose Tolerance Test as A Screening Tool Compared to Fasting Plasma Glucose to Diagnose Impaired Glucose Tolerance in Obese Young Adults).**
- International Symposium on Nutrition and Human Health 2018- College station, Texas, November.
- 3rdTexas A&M Nutrition Obesity Research Symposium 2018 –College station, Texas, April.
- Grand Challenge Symposium: Afearless Campaign to address the Grand Challenge of Primary Cancer Prevention 2017- College station, Texas, May.
- DLS:2017 Health, Kienesiology, and Sport Management for Tomorrow 2017- College station, Texas, April.
- 2ndTexas A&M Nutrition Obesity Research Symposium 2016 –College station, Texas, April.

Membership

- American Society Of Nutrition (ASN), 2015- Present.
- Society of Nutrition Education and Behaviour (SNEP), 2015-Present.
- American Public Health Association (APHA), 2017-Present
- Academy of Nutrition and Dietetics , 2015 - Present
- The Nutrition Student Graduate Association (NSGA) Texas, member since 2015- Present: A&M University.
- Jordan Agriculture Engineer Association . Amman, Jordan. 24-8-2007-until now.

Publications:

- **Hala Nawaiseh (2021).** Healthy nutritional behavior during COVID-19 lockdown: A crosssectional study. Clinical Nutrition ESPEN **42**
- **Hala Nawaiseh (2019).** An-M-Health Intervention Using Smartphone Apps To Improve Physical Activity And Monitoring Sugar-Sweetened- Beverages In College Students: A Randomized Controlled Trial PhD Thesis.

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- **Nawaiseh, H.** and W. McIntosh (2018). "An M-Health Intervention to Improve Physical Activity and Monitoring Sugar-Sweetened-Beverages (SSB) in College Students." J N EB **50(7)**.
- **Hala Nawaiseh** (2012). Relationship Between Impaired Glucose Tolerance and Selected Risk Factors in Agroup of Obese Adolescents Students Aged 14-17 Years in Amman – Jordan. MSc Thesis.
- Al- Bakri, A., and Al-Domi, H., Karam Majdalani, **Hala Nawaiseh (2013)**. Adipose Tissue Remodeling and Its Effect on Insulin Sensitivity in Obese Individuats: Acritical Review. Jordan Journal of Agrecultural Science.
- **Nawaise, H.**, and Al-Domi, H. The Sensitivity and Specificity Of The Oral Glucose Tolerance Test Of Diagnosing Impaired Glucose Tolerance among agrroup of Obese Adolescents Students Aged 14-17 Years In Amman – Jordan.Submitted.

REFERENCES:

- **Lisako McKyer, Ph.D, MPH**
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1266 TAMU ,College Station, TX
Phone: 979-436-9361
E-mail: eljmckyer@tamu.edu
- **William Alex Mcintosh ,Ph.D**
Professor
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- **Dr. Peter S. Murano, Ph.D**
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2253 TAMU, College Station, TX 77843-2253
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- **Dr. Shadong Guo, Ph.D**
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Texas A&M University
123A Cater-Mattil
College Station, TX 77843
Phone: (979) 845-0850; Fax: (979) 862-6842
E-mail: shadong.guo@tamu.edu
- **Dr. Hayder A.A. AL- Domi, Ph.D**
Professor
Department of Nutrition and Food Technology.
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